

# PMRF, Lake Erie conduct operational flight tests

**Story and photo by  
MC2 Mathew J. Diendorf  
PMRF Public Affairs**

**and Ensign Natalie Schimelpfenig  
USS Lake Erie (CG 70) Public Affairs**

On Oct. 3, the Pacific Missile Range Facility on Kauai and the USS Lake Erie (CG 70), participated in the second successful operational flight test of the Aegis Ballistic Missile Defense (BMD) system in 15 days.

The tests, called Flight Test Standard Missile (FTM), were conducted with the U.S. Navy Sailors of the USS Lake Erie, in conjunction with the Missile Defense Agency and the U.S. Pacific Fleet.

“FTM-22 was unique because of the little amount of time we had to prepare for the mission, but the pride we can now take from a job well done was well worth the effort. It would not have been possible without the highly skilled Sailors I had the honor of working with,” said Lt. j.g. “Billy”

Goodyear, Lake Erie’s fire control officer.

USS Lake Erie, with a crew of 351 Sailors, is commanded by Capt. John S. Banigan.

The result was the successful intercept of a medium-range ballistic missile target over the Pacific Ocean by the Aegis BMD 4.0 Weapon System and a Standard Missile-3 (SM-3) Block IB guided missile.

“Two intercept tests conducted in 15 days is a testament to the dedication of MDA, U.S. Navy and PMRF to the mission,” said Cmdr. Juan Garcia, PMRF range operations officer. “Where usually we have about a month prep time to conduct one ballistic missile test, we prepped and conducted two intercepts.” The primary objective of FTM-21 was to conduct a lethal engagement of an unguided short range ballistic missile target with the Aegis BMD Weapon System and an SM-3 Block IB missile. FTM-22’s objective was to engage an unguided medium range ballistic missile target.

FTM-22 began with an Aegis BMD ship,

in this case the Lake Erie, receiving operational intelligence that simulated hostile forces are making preparations to take aggressive action against a friendly nation. The ship’s mission is to protect a defended area or deployed forces from ballistic missile attacks.

The ship’s crew uses this intelligence information with the Aegis BMD mission planner to determine an acceptable ship patrol area (ship operating area) along with recommended search sectors for the radar. The timing of the threat target launch is not revealed to any of the participants.

The target is launched from PMRF and the SPY-1 radar searches and detects the target as it enters the radar

search sector. Shortly after the target is detected and declared engageable by the weapon system, a fire control solution is calculated and the ship’s crew fires the SM-3 Block IB missile.

The system tracks the SM-3 missile throughout the remainder of its flight, while also transmitting track data to the Aegis BMD laboratory at Space and Naval Warfare Center (SPAWAR).

The two tests exercised the latest version of the second-generation Aegis BMD Weapon System, capable of engaging longer range and more sophisticated ballistic missiles.

“PMRF is a national treasure,” Garcia said. “Nowhere else in the world, can you

**See TWO  
INTERCEPTS,  
A-6**

A medium range ballistic missile target is launched from the Pacific Missile Range Facility (PMRF) in Kekaha, Kauai on Oct. 3. The target flew northwest towards a broad ocean area of the Pacific Ocean. Following target launch, the USS Lake Erie (CG 70) detected and tracked the missile with its onboard AN/SPY-1 radar. The ship equipped with the second-generation Aegis BMD weapon system, developed a fire control solution and launched a SM-3 Block IB guided missile to engage the target.



U.S. Navy photo by MC3 Dustin W. Sisco  
This photo shows the guided-missile cruiser USS Chosin (CG 65) as it departed Joint Base Pearl Harbor-Hickam for a scheduled western Pacific deployment last April.

## Chosin unites with world navies for an international exercise

**Ensign Peter Walz**

*USS Chosin (CG 65) Public Affairs*

JERVIS BAY, Australia (NNS) -- An exercise scheduled to run through Oct. 18, dubbed ASEAN Defense Ministers Meeting Plus (ADMM+) brought together Navy personnel and ships from a number of Indo-Asian-Pacific countries and global partners.

“The aim of the exercise is to promote training and information sharing among participating countries and build a common understanding of procedures pertaining to

maritime security matters,” said Lt. Cmdr. Brandon Booher, operations officer of USS Chosin (CG 65).

Key naval staff were ferried from their mother ships anchored in Jervis Bay by a small personnel boat. The vessel was filled with a diverse blend of military dress and camouflage uniforms, each with their unique design and color as the cultures they came from.

Participants included staff from: Australia, Brunei, China, France,

**See EXERCISE, A-6**

## Homecoming Memorial rededicated

**Staff Sgt. Terri Paden**

*15th Wing Public Affairs*

A rededication of the Operation Homecoming memorial took place at Joint Base Pearl Harbor-Hickam on Oct. 7.

The ceremony was held near the original site the where first 20 prisoners of war (POWs) from Vietnam returned. Former POW retired Capt. Jerry Coffee, was guest speaker for the occasion.

Coffee, who was a POW for seven years and nine days, spoke about his time in prison and encouraged the ceremony’s attendees to never forget the contributions of the Vietnam veterans.

“This event was to commemorate and pay tribute to the American spirit, teamwork, optimism, courage and sacrifice of those held as prisoners of war during the Vietnam Conflict,” said Capt. Bryan Ewing Sr. of the 647th Contracting Squadron.

Between Feb. 12 to April 1, 1974, 591 POWs were released from captivity by the North Vietnam government and flown from Southeast Asia to Clark Air Base in the Philippines to Hickam Field. This was known as Operation Homecoming and marked the end of Vietnam War. On Feb. 12, 1974, the first POWs to return from the war landed at Hickam Air Force Base’s

**See HOMECOMING, A-7**



U.S. Air Force photo by Wiley Moore  
Members of Veterans of Foreign Wars Post 907 salute the newly dedicated Operation Homecoming memorial at the rededication ceremony held Oct. 7 at Joint Base Pearl Harbor-Hickam.

## Deadline for joint base healthy recipe cooking contest is Oct. 15

**Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation**

Joint Base Pearl Harbor-Hickam will host an “Operation Live Well” Healthy Base Kick Off event from 2 to 6 p.m. Oct.18 at Ward Field.

This free event will focus on new and ongoing programs to help people make healthy choices.

Activities will include a healthy recipe cooking contest.

Home chefs, culinary specialists and professional chefs are invited to bring their tastiest and healthiest dishes to showcase and share

with the community. Prizes range from private cooking demonstrations with nutrition/fitness experts to honorable mention in the four categories:

- Main dish — culinary specialist (CS) or professional chef.
- Dessert — culinary specialist (CS) or professional chef.
- Main dish —home chef.
- Dessert — home chef.

“Culinary specialist” or “professional chef” is defined as any individual who is paid or employed for their culinary services/skills, including active duty or Department of Defense personnel who work in food service of any

kind. “Home chef” is any individual who does not receive a salary or get paid for their cooking services.

Participants in the healthy recipe cooking contest must register by noon Oct. 15. All dishes must be delivered to Ward Field at the Healthy Base Initiative Kick Off event to the judging table between 3:30 and 4:30 p.m. Oct. 18.

Judging criteria includes flavor and visual appeal, feasibility and creativity, and nutrient content and health appeal.

The Healthy Base Kick Off event will also include live music from the Pacific Fleet Brass Band, bounce houses and

adult obstacle courses.

There will be fitness demonstrations and workouts, including Navy Operation Fueling Fitness (NOFFS). Attendees can get body fat measurements, nutritional and fitness guides and tips.

In addition, there will be 15-minute informational sessions on topics such as:

- Zinc – Fact or Fiction?
- How to Rock Out Without Losing Your Hearing.
- Running Shoe Selection Based on Human Movement.
- Bug Off! Good Repellants that are Safe for Your Family.
- Timing of Fueling – Nutrition

Tips for Optimal Workouts.

- The Art of Managing Stress.

The film “Hotel Transylvania” will be shown at 6:15 p.m. Attendees can bring their own beach chairs, blanket and snacks.

Food will be available for purchase.

Contest rules, guidelines and how to enter are available at <http://ow.ly/pF9Og> or [www.greatlifehawaii.com](http://www.greatlifehawaii.com)

For more information about how to register for the healthy recipe cooking contest, email [Mary.meyers@navy.mil](mailto:Mary.meyers@navy.mil), call 473-2431 or fax to the attention of Erica Meyers at (808) 422-1016.

Clean the lint filter in your clothes dryer. After each load, clean the filter to keep the dryer running efficiently. Also, periodically check the air vent and hose for clogging. Keeping the air vent and hose free of lint prevents a fire hazard.

Bells ring at joint base for Navy's 238th birthday  
**See page A-2**

USS Charlotte returns to Pearl Harbor after completing deployment  
**See page A-4**

Pilot For a Day: Kodey Deuz visits JBPHH  
**See page B-1**

Federal firefighters receive awards for saving life of service member  
**See page A-4**

Joint base hosts 2013 Surface Force Women's Waterfront Symposium  
**See page A-6**

Sailors build 'Warehouse of Terror'  
**See page B-7**



# Bells ring at joint base for Navy’s 238th birthday

**Story and photo by  
MCSA Rose Forest**

*Navy Public Affairs Support  
Element West, Det. Hawaii*

Sailors participated in a bell-ringing ceremony at the Lockwood Hall lanai at Joint Base Pearl Harbor-Hickam on Oct. 8 to recognize and celebrate the U.S. Navy’s 238th birthday.

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, spoke about the Navy’s historical significance, placing special emphasis on the importance of each Sailor to the overall mission.

“Since the birth of our Navy, we have embraced war-fighting readiness with heroes like John Paul Jones, Edward Preble, Oliver Hazard Perry, David Farragut, Chester Nimitz, Doris Miller, Michael Murphy and hundreds more,” Williams said.

“Today we reflect on this honorable and glorious history, and we take this opportunity to thank our Sailors of yesterday and today for



Logistics Specialist 1st Class Marcus Burdios rings a ceremonial bell during a ceremony at Lockwood Hall lanai at Joint Base Pearl Harbor-Hickam.

their service. We have an amazing and talented team, capable and proven ready.”

The significance of the world’s oceans and the international role

of the Navy were highlighted during the ceremony.

"The CNO's second tenet is 'Operate Forward.' From the moment we became a nation we

proved our mettle on the high seas and then with United States Marines to the shores of Tripoli. We operate forward in the Pacific, especially in the previous century, and now obviously in this one," said Williams.

“Seventy percent of the earth’s surface is covered by water, 80 percent of the world’s population lives near the ocean, and 90 percent of international trade travels by the sea. So, we have to be ready 100 percent of the time on, above and under the seas – protecting the freedom earned 238 years ago.”

Logistics Specialist 1st Class Marcus Burdios rang a ceremonial bell eight times, signifying the end of the current birthday year and the end of the watch.

Following the ceremony, at Lockwood Hall, participants were invited to the Silver Dolphin Bistro for a special meal and cake cutting with Williams. Following tradition, the most senior officer and youngest active duty Sailor cut the Navy birthday cake.

Sonar Technician Submarine

Seaman Shyler Brown, at 19 years old, was determined to be the youngest active duty Sailor present and joined Williams in using a ceremonial cutlass for the cake cutting.

“I didn’t see that coming. It was an awesome experience,” Brown said. “It was an honor to cut the cake with the rear admiral.”

Master Chief Master-at-Arms David Aguilera, the event coordinator, said he was glad to see such a turn out at the event.

“It’s nice to see so many Sailors come out from the afloat and ashore commands to take time out of their busy schedules and come celebrate our birthday,” Aguilera said.

The U.S. Navy traces its origins to the Continental Navy, which the Continental Congress established on Oct. 13, 1775. In 1972, then Chief of Naval Operations Adm. Elmo Zumwalt authorized recognition of Oct. 13 as the official Navy birthday. This year’s theme for the Navy birthday is “Defending America with Pride Since 1775.”

## Commander Submarine Squadron One holds change of command ceremony

**MC2 Steven Khor**

*COMSUBPAC Public Affairs*

Commander, Submarine Squadron One held a change of command ceremony Oct. 4 at the submarine piers at Joint Base Pearl Harbor-Hickam.

Capt. James Childs, commanding officer of Squadron One, was relieved by Capt. Harry Ganteaume.

The ceremony’s guest speaker, Rear Adm. Phillip Sawyer, commander Submarine Force, U.S. Pacific Fleet, praised Childs for his exceptional performance while in command of Squadron One.

“A trademark of a top performing command is leadership with the right vision combined with the skill and tenacity to execute it,” Sawyer said.

“It is very clear to me that Squadron One, under Commodore Childs’ leadership, had both the right vision and the ability to execute it. I am very appreciative of all

that you have done for Squadron One, the Pacific Submarine Force and our future submarine force.”

Childs said he is proud of having had the opportunity to be in command of Squadron One and working with a fantastic team of Sailors.

“If there is anything that has been impressed upon me here in Pearl Harbor, it is that the Pacific Fleet submarine commanding officers and crews and the professionals who support those national treasures, are up to the task,” he said.

“I could not have asked for a better group of submarine professionals, and I thank you for your service and willingness to go the extra mile for your shipmates at sea.”

Childs assumed command of Squadron One in June 2011. During his tenure, he successfully managed the merger of Squadrons One and Three upon Squadron Three’s inactivation in 2012. Eight submarines conducted deployments to the western Pacific and the Central Command area of oper-



U.S. Navy photo by MC1 Jason C. Swink

Capt. James Childs passes through side boys at the conclusion of his change of command ceremony for Submarine Squadron One held aboard the Virginia-class fast attack submarine USS Hawaii (SSN 776).

ations and he managed the transition of six different ships from or through modernizations or ship-

yard availabilities, including three homeport shifts.

Saying that he was appreciative

of Childs’ “magnificent” work at the helm of Squadron One, Sawyer told the collective audience that Childs’ true legacy would be in the submarine officers that he mentored and trained as commodore.

“Your legacy is the officers you have nurtured and trained,” Sawyer said. “You have groomed a generation of submarine force leaders that will carry us into an uncertain future.”

During the ceremony, Childs received the Legion of Merit for his performance.

As Ganteaume assumed command of Squadron One, he congratulated Childs for a highly successful major command tour and thanked him for passing on such an effective squadron.

“It is an exciting time to be in the fleet submarine force. As I take command, I am confident we will sustain our squadron’s proud tradition and effectiveness in providing forward-deployed fleet commanders with mission-ready submarines,” Ganteaume said.



Commentary

# Navy in Hawaii – Inspiring namesakes, historic installations

**Rear Adm. Rick Williams**

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific

This weekend we celebrate the birth of our Navy – Oct. 13, 1775.

The Continental Congress called for two ships to be built, under the control of Gen. George Washington. Soon other ships would be built and would fight in the name of independence and freedom from tyranny.

It's been said that the United States Army—with its citizen soldier militia—was born from the land. Similarly, the Navy was born from the sea, as privateers and merchants banded together to fight for freedom of commerce.

We've been defending the



Rear Adm. Rick Williams

seas ever since.

## Inspiring namesakes

Here in Hawaii our ships of MIDPAC show how that history has evolved. Consider these namesakes:

USS Paul Hamilton (DDG 60) – Paul Hamilton fought in the American Revolution.

He became Secretary of the Navy, including in the first months of the War of 1812.

USS Lake Erie (CG 70) – One year into the War of 1812, the U.S. Navy achieved victory in the Battle of Lake Erie, whose bicentennial was commemorated last month.

USS Port Royal (CG 73) – One of the earliest amphibious operations of the Civil War was the Battle of Port Royal in South Carolina, a victory for President Lincoln.

USS Chung-Hoon (DDG 93) – Rear Adm. Gordon Pai'ea Chung-Hoon commanded USS Sigsbee in WWII and received the Navy Cross and Silver Star for conspicuous gallantry and extraordinary heroism.

USS Halsey (DDG 97) – One hundred years ago, 1913, William "Bull" Halsey commanded a torpedo flotilla. He earned a Navy Cross in the First World War and 71 years ago this month, he took command in the South Pacific during the Guadalcanal Campaign in

WWII under Fleet Adm. Nimitz.

USS O'Kane (DDG 77) – Submarine commander, prisoner of war and Medal of Honor recipient Rear Adm. Richard H. O'Kane was officially recognized for sinking 24 enemy ships in WWII.

USS Chosin (CG 65) – Marines of the First Marine Division fought one of the most renowned battles in modern warfare in the Battle of Chosin Reservoir during the Korean War in the winter of 1950.

USS Chafee (DDG 90) – Marine veteran of Guadalcanal and the Battle of Okinawa, John L. H. Chafee, was also governor and senator from Rhode Island. He served as Secretary of the Navy in the late '60s, appointing Adm. Elmo Zumwalt as CNO during Vietnam.

USS Hopper (DDG 70) – Rear Adm. "Amazing" Grace Hopper was a pioneer in computer languages who, through her work, helped us

win the Cold War and provide a cyber advantage for our country.

USS Michael Murphy (DDG 112) – Faced with a moral dilemma while on patrol in Afghanistan, Lt. Michael Murphy, with ties to 9/11, showed honor, courage and commitment, putting himself at risk to try to save his fellow SEALs. He was awarded the Medal of Honor posthumously.

## Historic installations

These ships are homeported at historic Pearl Harbor-Hickam. Hundreds of other operational and support commands, headquarters and tenants are homeported here in Hawaii, too. We salute their achievements during this Navy birthday celebration.

Our installations continue to make history in this decade. In 2010, Hickam Air Force Base joined with Naval Station Pearl Harbor to become JBPHH, forming a truly historic air-sea team here on Oahu. This year,

promoting fitness and readiness, the joint base achieved a tremendous milestone as one of a handful of installations chosen for the DOD Healthy Base Initiative.

The Pacific Missile Range Facility at Barking Sands, Kauai began as Army's Mana Airport in 1940 and became an Air Force base in the '50s, gradually transitioning to the Navy.

Today, PMRF, in partnership with local residents, farmers and fishermen, has built a model of operational readiness and environmental stewardship. We continue to provide state-of-the-art testing and training there and, with the Missile Defense Agency, we continue making history.

The strategic rebalancing of forces and resources to Indo-Asia-Pacific is part of our unfolding history. Region and MIDPAC remain invested in defending freedom here, and our readiness is the testament of that commitment. Happy birthday, Navy!

## Diverse Views



### What is your favorite comic strip?



CSC Sarmaine Johnson  
USS Chafee

"Dennis the Menace. He was always clever, always getting into trouble, which always involved the neighbor getting into a jam. I could identify with that."

Senior Airman Ian McCandless  
15th Wing

"Calvin and Hobbes is by far my favorite comic. My dad and I always used to read them when I was growing up. They are the funniest and I have the entire collection."



YNSA Daniel Martin Ordonio  
PACOM JIOC

"Garfield. It's the only one I remember."

Staff Sgt. Shaun Bustillos  
15th Wing

"I would say X-Men is my favorite comic, because they are all essentially a bunch of bad-(expletive deleted). It was always cool to see their origin stories of all of the characters."



ETSN Reese Hand  
USS Columbus

"Zits. A lot of what happens to him is close to what happened to me growing up."

Tech Sgt. Michael Smart  
15th Wing

"My favorite comic would have to be Garfield. I actually grew up watching the cartoons so I would read them whenever I saw them in the paper."



Lt. Rick Williams (U.S. Navy)  
2nd Battalion, 3rd Marines (Kaneohe Bay)

"The Far Side. It's crazy, goofy, and real. It really touched a side of humor I have."

Provided by Lt. j.g. Eric Galassi  
and SrA Christopher Stoltz

Want to see your command featured in Diverse Views?  
Got opinions to share?

Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com) or [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil)

Commentary

# Hope in the darkest hour - life worth living

**Chief Master Sgt. Steve K. McDonald**

Pacific Air Forces  
Command Chief



Chief Master Sgt. Steve K. McDonald

I recently heard a story of a young man who woke up every day and asked himself what he had to live for. Most would think that was a fairly common question.

For this young man however, the difference was the number of reasons he could come up with to live for determined the number of bullets he would put into the clip of his handgun.

If he could think of 15 reasons to live, no bullets would make it into the clip. This was his way of deciding if life was worth living.

When I was 16 years old, my older brother was faced with that thought and however he looked at it, he decided life wasn't worth it.

My brother hung himself and took his life. He took away his future. He took away the possibility of growing up and meeting his wife and having a wonderful family. He took away my older brother and I have often asked why.

I could probably think of

a few things that contributed to him getting to that point in his life. There were some life experiences that probably left him a little confused. Unfortunately, I wasn't there with him so I will only say what I know to be true: that my 18-year-old brother had a moment on a Sunday morning in Columbus, Georgia where he made the decision that life wasn't worth living.

I have often thought about what my darkest hour would look like. Would it be when I couldn't think of a single reason to continue living? Would it be

when all that I hold dear is snatched away or if there was a tragic accident and I lost my family?

What if something happened to me and I was unable to provide for my family? What if I messed up very badly and was faced with legal problems? What if I did something that would cause extreme public humiliation for me and my family?

The honest truth is I don't know what my darkest hour will be but I do know that I had better be prepared for and ready to deal with it. Therein lies the dilemma. How do I prepare for something when I don't know what it is?

My answer is: "hope." I am not talking about wishing your life will never have serious, life-altering issues. I am talking about having hope.

Ask yourself the question: "What in life is worth living for no matter what else happens?" What can you believe in that can't be taken away by circumstances? What purpose can you hold on to no matter life's circumstances? This is definitely an individual

question with an individual answer. I can't answer the question for you. I can only answer it for me. I have hope. Even though I don't know what my darkest hour would be, I know that I have hope in life that there is something worth living for.

The Air Force has made great strides in the area of resiliency and expressing the importance of being able to deal with life's stressors and setbacks. Being emotionally, physically, socially and spiritually fit are essential to a healthy and stable life. Air Force resiliency can even help you identify the good things you have in life.

I thought my brother had a lot going for him in life. From all outward appearances, he seemed like a pretty resilient young man. But in his darkest hour, he ran out of reasons for living. He did not have a purpose. He did not have a source of hope.

Hope is generally not a good strategy but at our darkest times, it might be the only strategy. Please think about what your hope is before your darkest hour. Think about it today.

## Australian ace lands at Wheeler Field



Photo courtesy of the Hawaii Department of Transportation, Airports Division

Australian flying ace Sir Charles Kingsford Smith disembarks from the Lockheed Altair airplane named Lady Southern Cross at Wheeler Field, Oahu on Oct. 29, 1934. Smith's feat was the world's first west-east trans-Pacific flight, which took place 79 years ago this month.

## HO'OKELE

PEARL HARBOR - HICKAM NEWS

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## GOT SPORTS

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# Federal firefighters receive awards for saving life of service member

Story and photo by  
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Navy Public Affairs  
Support Element West,  
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Firefighters assigned to the Federal Fire Department, Station One, at Joint Base Pearl Harbor-Hickam were honored during a life saving awards presentation on Oct. 4.

Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, presented Navy Fire and Emergency Service Life Saving Awards to six firefighters and emergency medical technicians (EMT) for successfully resuscitating a 45-year-old active duty military member who suffered a cardiac arrest.

“In the Navy, I think, we are supposed to be firefighters first,” said Williams, addressing the firefighters. “This is how I was raised as a young officer, and it really paid off on several occasions in my career.

You are the first responders, the first to go in harm’s way and not only do you have to save yourself but save others. That has got to be extremely rewarding to you – personally and professionally.”

Williams added that we should never take emergency personnel for granted.



Jarett Martin, firefighter/emergency medical technician (EMT) paramedic, receives a life saving award pin during an awards presentation at the Federal Fire Department, Station One, at Pearl Harbor-Hickam.

“We cannot live without you; you are our insurance policy, our rescue policy,” Williams added. “You make a lot of personal sacri-

fices not only through your training and family separation, but also by going into harm’s way. First responders, to me, are some

of the most important people in our country, and you are some of the most important people to our military. I appreciate the opportunity to be here today and be part of this. It means a lot to me.”

In May 2013, medic 2 (M-2), an advance life support transport ambulance, staffed by Firefighter/EMT-Paramedics Aaron Pitt and Jarett Martin responded to a medical emergency along with engine 102, staffed by Fire Lt./EMT-I Shane Furuta, driver operator/ EMT-I Jason Choi and Firefighter/EMT’s Dennis Nardo and Harry Lyons. A call to 911 was for an active duty Coast Guard member who was complaining of chest pains. He was transported by ambulance when he experienced a cardiac arrest.

Basic and advanced life support medical treatments were performed by personnel from M-2 and engine 102. The CPR treatment included an intravenous line, two rounds of cardiac medications and manual defibrillations.

Working as a team, both crews were able to provide proper patient care and were able to safely transport the patient to the Tripler Army Medical Center Emergency Department.

“In Navy fire and emergency services we have what is called the life saving or the significant achievement award program,”

said Fletcher Dahman, regional fire chief, fire and emergency services.

“An award is given when individuals perform an act above and beyond the normal firefighting duties.”

Award recipients were presented with a written award certificate, a Commander Navy Installations command coin, and a uniform pin with a number in the center that signifies how many lives a firefighter has been responsible for saving. For Choi, Nardo and Martin, this was the first time receiving a lifesaving award.

“A lot of people go through their whole carrier without receiving an award,” Nardo said.

“I have been with the department just one year now. There are guys who go 10, 15, 20 years and they don’t even have the life saving award. For me it is humbling, I am enthusiastic about what’s next.”

The Federal Fire Department, whose motto is “Protecting Those Who Defend America,” provides fire protection and emergency medical services to Department of Defense installations. It also provides mutual aid to the City and County of Honolulu. The department includes 242 trained civilian personnel, 13 stations, 28 firefighting apparatus and 13 specialized response vehicles.

## USS Charlotte returns to Pearl Harbor after completing deployment

Story and photo by  
MC1 Jason Swink

COMSUBPAC Public Affairs

Friends and families of the crew of USS Charlotte (SSN 766) gathered at the submarine piers to welcome back the Los Angeles-class submarine as it returned Oct. 2 to Joint Base Pearl Harbor-Hickam after completing a deployment to the western Pacific.

“I am very pleased with our crew’s performance during the deployment and our ability to contribute to the overall effort of the [U.S.] 7th Fleet and Submarine Group Seven Commanders,” said Cmdr. Drew Miller, Charlotte’s commanding officer.

“Each crew member made full use of the deployment period to enhance his personal level of knowledge while assisting in improving our teams’ professional competency, a hallmark of the submarine force.”

During the deployment, 12 Sailors and four officers earned

their designation as qualified in submarines and now wear their dolphin warfare insignia.

Along with this accomplishment, 15 Sailors advanced in rank and three Sailors were initiated into the Chiefs’ Mess.

With this being the first deployment for more than a third of the crew, Miller said one of the keys to the mission’s success was how well new Sailors were welcomed into the Charlotte family.

“Our new Sailors have been able to quickly acclimate to the high paced life aboard our fast attack submarine and experienced tremendous professional growth,” said Miller.

“For the officers and enlisted who completed their first deployment, they were able to gain real-world experience of how to successfully execute a wide-array of submarine missions important to theater and national security.”

During the six-month deployment, Charlotte took part in Cooperation Afloat Readiness and Training 2013 (CARAT) and a theater security cooperation port visit to Singapore.



Electronics Technician 2nd Class Michael Wilson embraces his wife and son with the traditional first hug as the Los Angeles-class attack submarine USS Charlotte (SSN 766) returns home.

Charlotte’s crew also hosted distinguished visitors and enjoyed liberty in Yokosuka, Japan.

“I developed an appreciation for different cultures in Singapore and Japan,” said

Yeoman 3rd Class Bryan Means.

“I realized that when visiting other countries, it’s really important to respect the way the nationals in those countries live, as they’ve honored us by allowing

us to visit.”

Friends and families crowded the pier to welcome them home as they arrived at join base.

“I can hardly stand it. I want to cry, laugh and jump up and down,” said Gerri Bosch while waiting for the submarine’s arrival. She traveled from Jenison, Mich. with her husband to welcome home their son, Fire Control Technician 3rd Class Tyler Bosch, from his first deployment. “I am so proud of him. This has been a really positive experience.”

“I am looking forward to spending time with my family in Oahu,” said Culinary Specialist 1st Class Samuel Villarreal. “Six months is a long time to be away from your family, and it feels good to be welcomed home by loved ones.”

Charlotte is the fourth U.S. Navy ship to bear the name of the North Carolina city. Commissioned on Sept. 16, 1994 at Norfolk, Va., the submarine is 360-feet long and 6,900 tons displacement. It arrived at its new homeport, Pearl Harbor, Hawaii on Nov. 17, 1995.



# Pearl Harbor-Hickam Highlights

Kodey Deuz, (center), operates a bomb robot with the help of Senior Airman Ben Hancock, 647th Civil Engineer Squadron munitions journeyman, (right), as his mother Alicia and sister Kelci, (left), look on, as part of the Pilot for a Day program at Joint Base Pearl Harbor-Hickam on Oct. 4. (See story and additional photos on page B-1.)

U.S. Air Force photo by Tech. Sgt. Jerome S. Tayborn



(Right) Search and recovery team members discover a simulated "leg" during a recent training exercise held Sept. 26 on Hickam Beach. The purpose of the search and recovery team is to respond to military-related incidents on base, including military vehicle, aircraft mishap and mass casualty incidents, if and when they occur.

U.S. Air Force photo by SrA Christopher Stoltz



U.S. Navy photo by MC2 Gary Granger Jr.

(Above) Marines from the 13th Marine Expeditionary Unit mobilize a light armored vehicle from a landing craft air cushion from Assault Craft Unit 5 embarked aboard the amphibious transport dock ship USS New Orleans (LPD 18) for a mock beach raid at Marine Corps Base Hawaii. New Orleans is underway for deployment as part of the Boxer Amphibious Ready Group.



(Left) Rear Adm. Rick Williams, commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, addresses firefighters during an awards presentation at the Federal Fire Department, Station One, Oct. 4 on Joint Base Pearl Harbor-Hickam. Williams presented six firefighters/EMTs with a lifesaving award for successfully resuscitating an active duty military member who suffered a cardiac arrest. (See story and additional photo on page A-4.)

U.S. Navy photo by MC3 Diana Quinlan

(Right) Volunteers (left to right) Fred Ferrell, U.S. Marines (retired), Randy Gratz, a retired police officer and Cal Evans, U.S. Navy (retired), work on a Douglas C-47 Skytrain at hangar 79 of the Pacific Aviation Museum (PAM) Pearl Harbor, on Ford Island, The museum's staff is in the process of restoring the C-47 to be a part of the exhibit depicting World War II paratrooper designated aircraft, slated to go on display by spring of 2014.

U.S. Navy photo by MC3 Diana Quinlan





# Joint base hosts 2013 Surface Force Women’s Waterfront Symposium

Story and photo by  
Brandon Bosworth

Staff Writer

Joint Base Pearl Harbor-Hickam held the 2013 Surface Force Women’s Waterfront Symposium on Oct. 3 at Lockwood Hall lanai.

The event was hosted by Commander, Naval Surface Force, U.S. Pacific Fleet. The symposium featured workshops on stress management, financial management, new parent and youth services, nutrition, fitness and education services. Additionally, there were interactive open forum discussions on leadership and life-work balance.

“The main goal of the symposium is to foster a conversation about how to incorporate a successful work/life balance into a surface warfare career path,” said Lt. Erika Betancourt, Naval Surface Group Middle Pacific.

“Participants directly interacted with successful and knowledgeable women in surface warfare leadership and were able to network with other women. The symposium also focused on professional development of women serving at sea,” Betancourt said.

Rear Adm. Rick Williams, commander of Navy Region Hawaii



Rear Adm. Rick Williams commander of Navy Region Hawaii and Naval Surface Group Middle Pacific, gives opening remarks at 2013 Surface Force Women’s Waterfront Symposium.

and Naval Surface Group Middle Pacific, gave the opening remarks. He spoke of his own experiences as both a leader and a

father, trying to balance his professional goals with his personal life.

“Having a quality of life con-

tributes to quality of service,” he said.

Williams stressed how important planning was to maintaining

work/life balance.

“Planning is the art of the deal,” he said. “There is nothing I do without a plan. Life is a mission.”

Rear Adm. Nancy Norton, director of the command, control, communications and cyber directorate, U.S. Pacific Command, also spoke.

Among those participating in the panel discussions were Chief Warrant Officer 3 Vanderla Akaka, Afloat Training Group Middle Pacific, and Command Master Chief (SW) Patricia Roebuck, Naval Surface Group Middle Pacific.

Betancourt said she considered the symposium “a great success.”

“There was a lot of networking during the breaks and after the event,” she said. “There was a lot of positive feedback, and the biggest complaint was that the word did not get out to enough people. We will do better next year to make sure this gets widest dissemination.”

It wasn’t just women who benefited from the symposium. “Even though this was geared toward surface women, we had a few males that attended the event,” said Betancourt.

“Overall, the information was relevant to anyone in the service. We had some Coast Guard representation as well. We hope to have more diversity next year,” she said.

## Two intercepts in 15 days

Continued from A-1

perform this type of testing and training.” Garcia added that other ranges have to compete with much higher levels of commercial aviation and water traffic. “We don’t have the same issues as other training ranges because we are so remote.”

PMRF is the world’s largest instrumented multi-environment range capable of supporting surface, subsurface, air, and space operations

simultaneously.

There are more than 1,100 square miles of instrumented underwater range and more than 42,000 square miles of controlled airspace — and when needed, up to 2.1 million square miles of temporary range space.

FTM-22 was the fifth consecutive successful intercept test of the SM-3 Block IB guided missile with the Aegis BMD 4.0 Weapon System. Findings of operational tests, FTM-21 and 22, will support fol-

low-on production decisions for the SM-3 Block IB guided missile.

FTM-22 is the 28th successful intercept in 34 flight test attempts for the Aegis BMD program since flight-testing began in 2002. Across all Ballistic Missile Defense System programs, this is the 64th successful hit-to-kill intercept in 80 flight test attempts since 2001.

Aegis BMD is the naval component of the MDA’s Ballistic Missile Defense System.

## Exercise is learning opportunity

Continued from A-1

FS Micronesia, India, Indonesia, Japan, Jebat, Malaysia, New Zealand, Pakistan, Papua New Guinea, Singapore, Spain, Tonga, Thailand, Vietnam and the United States.

As part of the exercise, some military leaders exchanged views while living aboard partner ships. Three Vietnamese officers joined the crew of Chosin.

“This is a great learning opportunity for all involved,” said Sr. Capt. Mai Duc Tran of the Vietnam navy.

The three-day exercise included ship boarding and security exercises, flight operations and fleet movements. It will culminate with an international fleet review including public ship tours, pyrotechnic lightshow and parade to commemorate the 100th anniversary of the entry of the Royal Australian navy’s fleet into Sydney.

Chosin is currently operating in the U.S. 7th Fleet area of responsibility to enhance maritime partnerships and promote peace and stability in the Indo-Asia-Pacific region.



# NAVFAC Hawaii helps promote energy-conscious culture at JBPHH

Story and photo by  
Sila Manahane

Naval Facilities Engineering  
Command Hawaii Public Affairs

October is Energy Awareness Month, and the Naval Facilities Engineering Command (NAVFAC) Hawaii Energy Team at Joint Base Pearl Harbor-Hickam is emphasizing how shifting daily routines at work and at home regarding energy use is essential to energy conservation.

“Our goal is to get individuals to stop and think about how they use energy, to change their habits and to start turning equipment and appliances off when they don’t need them,” said Kathleen Ramirez, NAVFAC Hawaii energy team member and Joint Base Pearl Harbor-Hickam (JBPHH) installation energy manager.

“We also want to increase awareness about user friendly tools that can help them [consumers] reduce energy consumption.”

One such energy conservation tool is a plug-in appliance timer. These devices are being introduced by NAVFAC Hawaii specifically to control water coolers, but these timers can be used on other appliances too. They are seven-day-timers and can be calibrated to fit the user’s schedule.

NAVFAC Hawaii expects the electrical timers will be more in



One energy conservation tool, a plug-in appliance timer, can be used on various equipment and is expected to be in demand by Naval Facilities Engineering Command Hawaii personnel once they are distributed and put into use in command office buildings.

demand once they are distributed and put into use in command office buildings. The timer will allow water coolers to be turned off during evenings and weekends when no one is in the facility, saving the cost of cooling water that doesn’t need to be cooled.

“With the new FY14 electri-

cal rate of \$0.58 per kilowatt-hour, one timer on one drinking fountain can save a command \$300/year,” Ramirez said. “Multiply that times every drinking fountain in every building and it adds up to some real savings for the Navy. The best part is these timers were given to the Navy for free through the Hawaii Energy rebate program.”

A surge protector or power strip is another useful device to assist employees and families in offsetting electricity costs. The surge protectors are used to control phantom loads. Phantom loads refer to devices that continue to draw power when supposedly “off,” such as a battery charger, coffee maker, copy machine or printer.

According to Ramirez, “In a recent research and development project, we were able to reduce one building’s energy consumption by 8 percent just by installing smart power strips and timers to control plug loads.”

Smart power strips are available at hardware/computer stores or online and generally cost less than \$20. The strips are particularly useful for most frequently used equipment and appliances, including desktop computer systems.

Some are even equipped with occupancy sensors or a wireless switch that can be mounted on the wall, enabling users to con-

veniently cut power off from their appliances when needed.

According to the Hawaiian Electric Company (HECO), the majority of a typical office building’s energy usage is derived from air conditioning and light fixtures.

One way to have a big impact on energy consumption is to reduce the number of fluorescent lamps in light fixtures in hallways between office spaces, providing the brightest light only in spaces used most frequently by employees.

Most fluorescent fixtures have anywhere from two to four lamps in them. Removing one or two fluorescent lamps from overhead fixtures is called “délamping,” and it can reduce your energy consumption from 25-50 percent.

In addition to the number of light fixtures, the type of light bulbs used can greatly impact energy bill expenses.

NAVFAC Hawaii’s energy team is currently conducting a pilot project to measure the effectiveness of more energy efficient light bulbs in a representative office building.

The 6-month long energy demonstration project began Sept. 23 in NAVFAC Hawaii’s main compound in building A-4. The energy team and contractor, Pacific Power, replaced standard fluorescent fixtures with light emitting diodes (LED) fixtures equipped with occupancy sensors.

The traditional fluorescent fixture costs 1.4 cents/hour to run compared to the new LED fixture which costs ¾ of a cent/hour to operate. The occupancy sensors help save even more by turning off the lights over a single individual cubicle when the employee leaves.

LED bulbs are also available as alternatives to standard incandescent light bulbs to use in homes. They are more energy efficient even than compact fluorescent lamp (CFL) bulbs. LEDs are available at most hardware stores and online for as low as \$20 and the customer may apply for rebates from Hawaii Energy.

“Here in Hawaii, the NAVFAC electrical rate will more than double in fiscal year 2014, from 26 cents/kWh to 58 cents/per kWh,” Ramirez said.

“That is 123 percent from the last fiscal year’s rate. I anticipate government employees and base residents will have a lot of questions on how to save, and these tools and technologies are some of the cheapest and easiest means to reduce energy consumption quickly.”

These are a few of the various energy-saving devices available that will help users change their unproductive energy habits and help their organizations reduce energy consumption and their own households decrease energy costs.

## Operation Homecoming ceremony pays tribute to veterans of Vietnam War

Continued from A-1

Military Airlift Command Terminal and stepped off the plane to more than 2,000 members of the Hickam community waiting to welcome them home.

A monument was soon built to serve as a reminder of the historical moment and was a mainstay in the parking lot of the gas station for more than 40 years before a small group of students at Hanalani High School came up with the idea to relocate it to a more peaceful location.

According to Jessie Higa, volunteer base historian, the new memorial, com-

plete with benches, a small flower garden and walk path, is now a place where veterans can come for reflection, fellowship and inspiration away from the hustle and bustle of the gas station customers.

“We needed to do a community project and decided to do this as a way to commemorate the service and sacrifice that the men of the Vietnam War gave us,” said Bryan Ewing Jr., a junior at Hanalani High School and project participant.

“This took a lot of time and effort but was a big deal for us. I’m very honored and glad that we chose

this. We did great work and I’m really very proud.”

Higa said the project, which originated during a base tour she was giving, was a good way to get younger members of the community involved in the history of the base.

“This ceremony not only acknowledges that our base doesn’t forget the contributions these men made to our history, but it is a teaching opportunity for the next generation,” she said.

“They have to get involved. They have to get personally invested in history and make a contribution in order to make it more valuable to them and make

them want to pass it on. Patriotism is not something you teach. It’s something you have to experience and that’s where true loyalty is formed. That’s how you build an appreciation for legacy and honor.” Higa said.

Higa said though the previous memorial was built with good intentions, being in an obscure location resulted in years of neglect. However, thanks to the

school donating a grant from the Japanese Cultural Center of Hawaii, as well as donations from the Hickam Chief’s Group and Top Three, the new memorial is now under contract and will be maintained year round for vets who want to visit it.

“That’s the unfortunate state of the economy right now,” she said. “Everyone is doing more with less. With the state of money and manpower things like this truly

would not happen without volunteers and donations. Everyone has to do their part to help out. It really is about partnership and serving where we can to fill in the gaps.”

The new Operation Homecoming Memorial is located on the corner of Freedom Avenue next to the skate park and is accessible 24 hours a day, seven-days-a-week to those with a military ID.